

**40<sup>th</sup> WEDC International Conference**

<b>Title of Capacity Development Workshop:</b>	Menstrual Hygiene Management: An Entry Point to achieving gender equality through WASH
<b>Contact details</b>	
Name of proposing organization/s	Water Supply and Sanitation Collaborative Council
<b>Practical requirements</b>	
<b>Expected duration:</b> half day/full day	Full day
<b>Minimum/ Maximum number of participants</b>	Maximum of 50

**Staff details**

**Names, qualifications and brief description of experience of staff delivering the workshop.** Staff should be experienced providers of training, known and competent.

**Lead Trainers**

**Urmila Chanam:** Menstrual Hygiene Management activist from India, global campaigner of women's right to dignity and good health, Founder of 'Breaking the Silence' Campaign, a certified trainer/facilitator on menstrual hygiene management, gender based violence and digital empowerment. As an MHM trainer with WSSCC since 2012, she has trained over 7000 adolescent girls and women on biology of menstruation, menstrual hygiene management and safe and environment friendly disposal of used sanitary products in India and abroad. She advocates for a better world for girls and women in international forums. Recipient of the **MasterCard Celebrate Heroes Award 2017**, her vision is to give the power that comes from accurate information to individuals. She is soon to receive the iconic award from **Women Economic Forum** in May 2017.

**Ms. Irene Gai:** Established development specialist from Kenya with a degree in Sociology and Political Science. She has 8 years of experience in Water and Sanitation policy influencing and practice to promote improved rights for vulnerable groups and marginalized populations. She has a passion for equality and non-discrimination, equity and inclusion using Menstrual Hygiene Management (MHM), Human Rights Based Approach programming as entry points to leaving no one behind and Designing behavior change communication.

She is a seasoned trainer who has provided MHM training for trainers and practitioners in East Africa and South Asia earning respect as one of the best trainers in MHM. She has membership to three WASH Technical Working Groups (TWGs) of the Ministry of Health, specifically championing for National Menstrual Hygiene Policy. She significantly contributes to the Kenya's WASH agenda profiling MHM through capacity building of Government agency staff, Non-state actors, Private sector and community groups on the Holistic approach to Menstrual Hygiene Management integrating the same in different cross-sectoral programming.

Course details	
<p><b>Aims:</b> A paragraph summarizing the purpose of the course and how it relates to a need/ demand for the WASH sector</p>	<p>Using a holistic approach, the training session will equip participants with knowledge on how they can address inequalities in WASH and beyond using Menstrual Hygiene Management as an entry point. In turn attaining skills to support and reverse centuries old stigma and discrimination in policy and practice. This is with the aim to ensure that women, girls, the elderly, the disabled and disadvantaged are prioritized with clear strategies that emphasize equality and non-discrimination, safety, dignity, privacy and access to sanitation and hygiene facilities.</p> <p>The all-inclusive ambition of the SDGs to achieve sanitation for everyone everywhere has entailed more demand than ever from partner governments for policy and practice transformation. Building on experiences from Asia and Africa WSSCC will use its unique three-pronged approach to MHM to break the silence on menstruation; discuss options for managing menstruation hygienically and solutions for safe reuse and disposal of menstrual materials. Specifically, the session will focus on target 6.2 of the SDGs and the needs of women and girls in attending to their sanitation needs every day and while menstruating.</p>
<p><b>Intended audience:</b> Explain who the capacity development workshop is suitable for – what is assumed existing knowledge/ level of education/ experience</p>	<p>Practitioners, policy-makers, academics, interested development professionals. At the national level we build capacity of a corps of trainers who support government in cascading MHM work at the national and subnational level ensuring it is embedded in existing programming initiatives to accelerate necessary changes in policy and practice.</p>
<p><b>Intended Learning Outcomes/Objectives:</b> <b>Please explain in terms of:</b></p> <ol style="list-style-type: none"> <li>1. Knowledge and Understanding</li> <li>2. Subject Specific Skills ...</li> <li>3. Key transferable skills ...</li> </ol>	<ol style="list-style-type: none"> <li>1. Understanding of prevailing inequalities faced by women, girls, the elderly, persons with disabilities in accessing safe sanitation and hygiene and beyond</li> <li>2. Increased knowledge and understanding of the biological process of menstruation, health and environment and its linkages to the human rights to sanitation ( an hygiene)</li> <li>3. Knowledge on how to manage menstruation safely and hygienically and disposal solutions</li> <li>4. Shared lessons and information on how to include MHM and women and girls’ rights to water and sanitation in policy, strategies and programming.</li> </ol>

<p><b>Format and Content of Workshop</b> A description of the methods of learning and teaching and the learning styles for each session:</p>	<p>An interactive format that promotes knowledge and experience sharing will be promoted. WSSCC learning materials will be used. For example, the MHM Lab manual, the wheel and the fold out book "as we grow up", all available <a href="#">here</a> and a video or two showing experiences from work done previously</p> <p>Content:</p> <p>8h 30 – 10h00</p> <ol style="list-style-type: none"> <li>1. Equality and non-discrimination and its relationship to WASH</li> </ol> <p>10.30 – 12.00</p> <ol style="list-style-type: none"> <li>2. Necessity, concepts and components of MHM including the three prongs</li> </ol> <p>13h30 -15h00</p> <ol style="list-style-type: none"> <li>3. The relationship between health and menstrual hygiene</li> <li>4. The role of men and boys in MHM</li> </ol> <p>15h30 -17h00</p> <ol style="list-style-type: none"> <li>5. Embedding MHM into collective behavior change programming practice and policy</li> </ol>
<p><b>Materials to be circulated in advance or after the workshop.</b> A description of any handouts or other supporting documents</p>	<p>The workshop participants will be using WSSCC MHM training materials during the course. These materials are available online (<a href="http://wsscc.org/resources/page/3/?_sft_category=equality">http://wsscc.org/resources/page/3/?_sft_category=equality</a>) and will be circulated as a reading pack to participants in French and English before they arrive. A hard copy kit of the materials package will be made available to all participants.</p>
<p><b>Means of assessment and feedback to students:</b> A description of how the participants (and their employers) can gauge if they can meet the intended learning outcomes</p>	<p>Participants will be invited to join the WSSCC's online MHM collaborative platform on Yammer for learning and further exchange of knowledge with other MHM trainers. The yammer platform is also used as a feedback mechanisms with WSSCC trainers.</p>
<p><b>Mechanism and means of course evaluation:</b> A description of how the trainers will obtain feedback on the course.</p>	<p>Evaluation forms and reflection sessions will be used to collect Individual feedback during and after the workshop. They will be collected through the evaluation form.</p>